

SENIOR NUTRITION MENU

JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 HAPPY NEW YEAR – NO LUNCH –	2	3 CHILI WITH CORNBREAD	4	5
6	7	8 MEATBALL SUBS WITH COLESLAW	9	10 PENNE PASTA BAKE	11	12
13	14	15 BEEF STROGANOFF	16	17 CHICKEN TERIYAKI	18	19
20	21	22 PIZZA BAKE	23	24 ROSEMARY CHICKEN	25	26
27	28	29 SAUSAGE & TORTELLINI SOUP	30	31 HOT DOG BAR		