

SENIOR NUTRITION MENU

MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 HAM & SWISS SLIDERS	6	7 BEEF STROGANOFF	8	9
10	11	12 TAMALE PIE	13	14 CHICKEN NOODLE SOUP	15	16
17	18	19 HAMBURGERS	20	21 SPAGHETTI WITH MEAT SAUCE	22	23
24/31	25	26 CHILI WITH CORNBREAD	27	28 PASTA CARBONARA	29	30