

SENIOR NUTRITION MENU

OCTOBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Sept 29 Chicken Salad Croissants		1 Hamburgers	2	3
4	5	6 Greek Pasta Salad	7	8 Ham & Swiss Sliders	9	10
11	12	13 Chinese Chicken Salad	14	15 Pizza Biscuit Bake	16	17
18	19	20 Meatball Subs	21	22 Chicken Breast w/ Rice Pilaf	23	24
25	26	27 Ham w/ Cheesy Potatoes	28	29 Penne Pasta Bake	30	31