

SENIOR NUTRITION MENU

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 CHICKEN POT PIE	5	6 SAUSAGE TORTELLINI SOUP	7	8
9	10	11 CHICKEN TERIYAKI	12	13 BAKED POTATO BAR	14	15
16	17	18 MEATLOAF	19	20 CHINESE CHICKEN SALAD	21	22
23	24	25 HAM & SWISS SLIDERS	26	27 SPAGHETTI	28	29
30	31					